

## Microwave Meatballs

Recipe by: Taste of Home, modified by the O'Connor clan

Servings: 4

Amount	Ingredient	Prep Notes
1 pound	ground beef	
1 teaspoon	powdered onion	
1/2 teaspoon	powdered garlic	
1/2 cup	bread crumbs	can substitute panko or crushed crackers
1/2 teaspoon	basil	
1 tablespoon	Parmesan	
pinch	pepper	
dash	Worcestershire sauce	
1 jar	spaghetti sauce	

- mix first 8 ingredients in large bowl; shape into small meatballs (about 24)
- arrange on microwave safe plate 1 inch apart; cover with paper towels
- microwave on high 4-6 minutes (depending on strength of microwave) until they look cooked
- empty sauce into pan; add microwaved meatballs; cover and cook at medium heat for 5 minutes or until sauce is bubbling; stir; reduce heat to low and simmer for an additional 10-20 minutes